

BlazeVOX 21

Paul Shumaker

Three visual poems:

- Third Drawing
- Fourth Drawing
- Checkbook (1979-1980)

THIRD DRAWING

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FOURTH DRAWING

13. Because my bed partner falls asleep as soon as his or her head hits the
14. I feel insomnia is basically the result of aging and there isn't much that
15. I am sometimes afraid of dying in my sleep.
16. When I have a good night's sleep, I know I have to pay for it
17. When I sleep poorly one night I will have to pay for it the next
18. Without an adequate night's sleep, I disturb my sleep schedule for the week
19. I can't ever predict whether I'll function the next day.
20. I have little ability to manage poor night's sleep.
21. When I feel tired, I have no consequences of disturbed sleep.
22. I get overwhelmed by my insomnia and don't function well during the day
24. I believe insomnia is essentially the result of a chemical imbalance.
24. I feel insomnia is ruining my ability to enjoy life and prevents me from doing

CHECKBOOK (1979-1980)

